

经验传承

曹利平应用清金固本汤治疗非小细胞肺癌 临床经验^{*}

魏亚东¹ 陈 涛² 鱼 涛¹ 王向阳¹ 苗文红¹ 李耀辉¹
陈国庆^{1**} 指导:曹利平¹

(1. 陕西省中医医院, 陕西 西安 710003; 2. 西安交通大学第一附属医院, 陕西 西安 710056)

摘 要:近年来非小细胞肺癌发病率和病死率均迅速上升,曹利平主任医师认为其病机多为肺脾气虚,痰瘀互结,邪毒内生,在治疗上强调清肺热,化痰湿,佐以健脾益气;通过对非小细胞肺癌术后、放化疗后、靶向治疗后患者的中医治疗临床研究,总结有效方剂清金固本汤治疗肺热痰湿证非小细胞肺癌,有效改善患者生存质量,延长生存期。

关键词:肺热痰湿证;清金固本汤;曹利平

中图分类号: R246.5 **文献标识码:** A **文章编号:** 1672-0571(2017)05-0001-03

DOI: 10.13424/j.cnki.mtcm.2017.05.001

Cao Liping's Clinical Experience of Treating Non—Small—Cell Lung Cancer by Qingjin Guben Decoction

Wei Yadong¹, Chen Tao², Yu Tao¹, Wang Xiangyang¹, Miao Wenhong¹, Li Yaohui¹,
Chen Guoqing¹, Tutor: Cao Liping¹

(1. Shaanxi Hospital of Chinese Medicine, Xi'an 710003, China;

2. The First Affiliated Hospital of Xi'an Jiaotong University, Xi'an 710056, China)

Abstract: In recent years, the incidence and case fatality rate of non—small—cell lung cancer (NSCLC) are rapidly increasing and the pathogenesis is believed to be lung and spleen qi deficiency, intermingled phlegm and blood stasis as well as endogenous pathogenic toxin. The treatment attaches great importance to clearing lung heat, resolving phlegm—dampness and invigorating spleen and supplementing qi. Cao Liping, a chief physician, through his clinical researches on patients' condition after NSCLC operation, radiotherapy and chemotherapy as well as targeted therapy, put forward an effective decoction —Qingjin Guben decoction for lung—heat and phlegm—damp NSCLC. It can effectively improve patients' quality of life and prolong the survival period.

Keywords: lung heat with phlegm—damp syndrome, Qingjin Guben decoction, Cao Liping

非小细胞肺癌包括除小细胞癌以外的其他上皮癌,约占肺癌总数的 80 %^[1]。曹利平主任医师

* 基金项目:曹利平全国名老中医药专家传承工作室[财社(2013)135 号]

** 通讯作者:陈国庆(1954—),男,主任医师,主要从事心血管疾病预防、科研工作。E-mail:huxicaoliping@163.com