

## 药物研究

基于数据分析溃疡性结肠炎的中医用药规律<sup>\*</sup>崔国宁 刘喜平<sup>\*\*</sup> 曾庆涛

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**摘要:** **目的** 基于中医传承辅助平台分析溃疡性结肠炎的用药规律。 **方法** 通过 CNKI 数据库查阅近五年中医治疗溃疡性结肠炎的期刊, 总结相关文献建立方剂数据库, 将数据录入中医传承辅助平台分析其用药规律。 **结果** 统计出溃疡性结肠炎治疗所使用药物的频次, 用药模式, 常见的与潜在的药对, 方剂匹配, 四气五味、归经等数据。 **结论** 中医治疗溃疡性结肠炎最核心的药物是白术、甘草、黄连、白芍、木香、茯苓等药物。溃疡性结肠炎治疗中多采用的是经典名方化裁, 其中参苓白术散是应用最广之方剂。本病治疗多采用的是补泻同调, 寒热并用之法, 以补益中焦脾胃, 理气健脾, 燥湿运脾, 健脾祛湿, 清热燥湿等为主。主要调节的脏器是脾胃、肝, 并为溃疡性结肠炎治疗药物的研发提供了 7 个新处方。

**关键词:** 溃疡性结肠炎(UC); 中医传承辅助平台; 用药频次; 四气五味; 归经

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## Regularity of Chinese Medicine Application on Ulcerative Colitis Based on Data Analysis

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**Abstract Objective** To analyze the regularity of Chinese medicine application on ulcerative colitis with the help of TCMISS. **Method** CNKI database was used to search journals of TCM treatment on ulcerative colitis for the past five years, relevant literature was then summarized to establish database of prescriptions, and the data were recorded into TCMISS to analyze the regularity of medicine application. **Result** data such as frequency of drug use, drug-use modes, common and potential drug pairs, matching prescriptions, four nature and five flavors and Channel Tropism were calculated. **Conclusion** The most important drugs for the treatment of ulcerative colitis are atractylodes, liquorice, coptis chinensis, radix paeoniae alba, radix aucklandiae, poria cocos and so on. The treatment of ulcerative colitis mainly adopts the classic modified prescriptions with Shenling Baizhu powder as the most widely used one. Treatment on this disease mainly combines nourishing and diarrhea, cold and heat, tonifying spleen and stomach in the middle jiao, regulating qi-flowing for strengthening spleen, dispelling dampness and activating spleen-energy, invigorating spleen and removing dampness, clearing heat and eliminating dampness are the major thoughts. The main regulated organs are spleen, stomach

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