

理论探讨

《回回药方》脾胃病方药规律探析^{*}李卫强^{1,2**} 魏雪红³ 朱西杰^{1,2}(1. 宁夏医科大学中医学院, 宁夏 银川 750004; 2. 回医药现代化教育部重点实验室, 宁夏 银川 750004
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摘要:通过对《回回药方》中脾胃病常用方剂的研究,整理总结出《回回药方》中治疗胃经、脾经、肝经病证为主的方剂 171 首,其中内用膏剂为主,用方 153 首,外拓药疗法,用方 5 首,方剂主治病证涉及 26 种。同时,结合方剂分析《回回药方》脾胃病病机主要有气候因素,即感受寒湿之邪,因冷、白痰、黑血生的证候;情志因素:因情志不畅致肝经气机郁滞,出现肝经坚实或疼痛,犯及脾胃等;体质因素,即禀质气性衰败、先天禀赋不足,禀性有冷,或脾胃气力不足,恶润堆积等。从使用频次居于前 15 位的药物特点可以看出,药物主要分为芳香化湿、温中散寒、活血化瘀三类,具有辛香走窜、散寒通络、活血化瘀止痛等特点,是中国回族医药学防治脾胃病证的特效药味,即印证了《回回药方》对脾胃病病机的认识,对于《回回药方》脾胃病的诊疗亦具有较好的临床指导作用,也是脾胃病防治用药的较好选择。

关键词:回回药方;脾胃病;方药规律

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Research into the Regularity of Prescriptions for Spleen and Stomach Diseases in Medicinal Formulas of the Hui People

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Abstract Through the study on common prescriptions for spleen and stomach diseases in Medicinal Formulas of the Hui People, 171 prescriptions mainly for the treatment of stomach, spleen and liver meridian syndromes were summarized, of which the inner plaster was the main with 153 prescriptions, and 5 prescriptions were about the extension of drug therapy. The prescriptions involved 26 kinds of syndromes. Meanwhile, based on the prescriptions, pathogenesis of spleen and stomach diseases in Medicinal Formulas of the Hui People mainly covered climate, emotion and mind as well as constitution. As for climate, it meant syndromes from coldness, white sputum and dark blood contracted by pathogenic cold-dampness. As for emotion and mind, it meant constraint and stagnation of the qi mechanism in liver channel because of poor state of emotion and mind, hence hardness or pain appeared in liver channel and invaded the stomach. As

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