

经验传承

雷根平主任医师治疗肾性血尿临床经验举隅

于航星<sup>1</sup> 任兴宽<sup>2</sup> 雷根平<sup>3\*</sup>

(1. 陕西中医药大学第一临床医学院, 陕西 咸阳 712046;

2. 天津中医药大学, 天津 300193; 3. 陕西中医药大学附属医院, 陕西 咸阳 712000)

**摘要:**雷根平主任医师治疗肾性血尿时,通过辨识中医病因病机认识病证治类型,从而确定相应治法用药,雷老师认为肾性血尿的中医分型主要包括风热外袭、燔灼肾络,气机郁滞、瘀血阻络,湿热内蕴、下注伤肾,脾肾亏损、气阴两虚四种证型,对证用药,疗效肯定。

**关键词:**肾性血尿;临证经验;雷根平

**中图分类号:**R696<sup>+</sup>.8 **文献标识码:**A **文章编号:**1672-0571(2018)04-0001-04

**DOI:**10.13424/j.cnki.mtcm.2018.04.001

Chief Physician Lei Genping's Clinical  
Experience in Treating Renal Hematuria

Yu Hangxing<sup>1</sup> Ren Xingkuan<sup>2</sup> Lei Genping<sup>1</sup>

(1. First School of Clinical Medicine in Shaanxi University of Chinese Medicine, Xianyang China, 712046;

2. Tianjin University of Chinese Medicine, Tianjin China, 300193;

3. Affiliated Hospital of Shaanxi University of Chinese Medicine, Xianyang China, 712000)

**Abstract** Hospital of Shaanxi University of Chinese Medicine, Xianyang China, 712000) Abstract: In the treatment of renal hematuria, chief physician Lei Genping, by identifying the types of TCM etiology and pathogenesis, determines the type of treatment for the disease. Mr. Lei thinks that the TCM symptoms of renal hematuria mainly includes the following four types: wind - heat attack from the outside burning kidney collateral, constraint and stagnation of the qi mechanism causing static blood obstructing collaterals, damp heat inside injuring kidney, spleen - kidney depletion with deficiency of both qi and yin. Medication according to different types showed affirmative curative effect.

**Key words** renal hematuria; clinical experience; Lei Genping

血尿一般指以肉眼血尿或微量血尿(镜下血尿)为主症的疾病,正常尿液中无或者仅有少量红细胞,若每升尿液中含血量1mL,即可出现淡红色,称为肉眼血尿;若尿液外观变化不明显,离心沉淀后,镜检时红细胞平均大于3个/HPF则称为镜下

血尿<sup>[1]</sup>。引起血尿的病因很多,发病机制复杂,常有多种因素参与发病,西医学中常将其分为由膀胱炎、肾盂肾炎等引起的感染性血尿;由急性肾小球肾炎、IgA肾病、紫癜性肾炎等引起的肾小球源性血尿;由泌尿系肿瘤、结石等疾病引起的非肾小球

\* 通讯作者:雷根平(1966-),男,主任医师,硕士研究生导师,主要研究方向:肾病的基础与临床。E-mail:leigenping2006@163.com