

# 《伤寒论》六经方证及其辨证机理

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**摘要:**沿用分经审证的方法, 将六经各自证型, 按主证、经证、腑证(或脏证)、兼证、兼病等几个方面进行分类, 并附以相应方剂。同时, 探讨六经辨证机理, 认为伤寒六经的形层说与西医组织胚胎学的三胚层极为相似; 六经之气的变化与物质的新陈代谢密不可分; 伤寒六经的传足不传手之说, 伤寒论重视脾、肾、肝的作用, 重视精、气、神的调节与机体神经内分泌免疫调控密切相关。

**关键词:**伤寒论; 伤寒六经证型; 伤寒方剂分类; 伤寒辨证机理

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## Syndromes of Six Meridians in *Treatise on Cold Damage* and Their Syndrome Differentiation Mechanism

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**Abstract** In the first part of this paper, the six meridians are classified according to the main syndromes, classical syndromes, viscera syndromes (or viscera syndromes), concurrent syndromes and concurrent diseases, and the corresponding prescriptions are attached. The second part explores the mechanism of differentiation of six meridians, and holds that the theory of the morphology of the six meridians of typhoid fever is very similar to the triploblastic layer of Western medicine histology and embryology; the change of Qi of the six meridians is closely related to the metabolism of substances. The theory of typhoid fever attaches importance to the function of spleen, kidney and liver, and the regulation of essence, Qi and spirit is closely related to the regulation of neuroendocrine and immune system.

**Key words** the theory of typhoid fever; syndromes of typhoid fever of six meridians; typhoid prescription classification; syndrome differentiation mechanism of typhoid fever

研究《伤寒论》有多个流派, 如错简重订派、维持旧论派等, 其中以辨证论治最有代表性。在辨证论治中存在以方类证、按法类证和分经审证等不同。本文在分经审证的基础上, 将六经各自证型按主证、经证、腑证(或脏证)、兼证、兼病等几个方面进行分类, 并附以相应方剂, 其分经证治依据参见教材《伤寒论选读》相关内容<sup>[1]</sup>。试图由博返约, 探索伤寒六经的本质, 通过讨论六经辨证机理, 寻求医圣辨证思想的真谛。

### 1 六经证型与方剂分类

伤寒论以六经病为提纲, 是各自病机的总括

和主要本质, 其主证即是提纲证; 邪入经输, 使经脉所过之处经气不利, 呈现经证; 邪气影响相应脏腑, 导致脏证、腑证; 邪与水结或与血结而成蓄水、蓄血; 邪气内迫胃腑或肠道而兼吐、兼利; 两经同时或先后发病, 而有合病、两感、并病; 痹证为风寒湿邪由表入侵, 涉及肌脉筋骨, 内合五脏, 称为五痹, 归入伤寒相关病证。其中, 太阳病为表证, 固太阳病主证即表证; 肺主皮毛, 太阳病与肺关系密切, 外邪犯肺相关的脏证, 应属太阳病; 皮痹不已, 内舍于肺, 也应归于太阳病。

**1.1 太阳病方剂分经证治(20方)** ①主证(表