

浅谈四乌贼骨一蘼茹丸在男科的应用*

薛盼盼¹ 张会波² 武昌学^{2**}

(1. 陕西中医药大学, 陕西 咸阳 712046; 2. 陕西中医药大学附属医院, 陕西 咸阳 712000)

摘要:四乌贼骨一蘼茹丸出自《黄帝内经·素问》,是《内经》所载十三方之一。本用来治疗女子血枯经闭之证,但笔者在临床上发现有些男科疾病与女子的血枯经闭在病机上有很相似之处,故把四乌贼骨一蘼茹丸大胆用于男科病的治疗,在临床上取得了意想不到的效果。现以男性阳痿、早泄、遗精几则医案分析方法,介绍四乌贼骨一蘼茹丸在男性疾病的应用经验,以资同道。

关键词:四乌贼骨一蘼茹丸;男科;应用经验

中图分类号:R289.59 文献标识码:A 文章编号:1672-0571(2019)04-0118-03

DOI:10.13424/j.cnki.mtcm.2019.04.035

A Brief Talk on the Application of Wuzei Pills in Andrology

Kang Heng¹ Zhang Huibo² Wu Changxue²

(1. Shaanxi University of Chinese Medicine, Xianyang China, 712046;

2. Affiliated Hospital of Shaanxi University of Chinese Medicine, Xianyang China, 712000)

Abstract Wuzei pills, first appeared in the *Yellow Emperor's Internal Classic: Basic Questions*, is one of the thirteen prescriptions contained in the book. It was used to treat the syndrome of female hemorrhagic amenorrhea, but the author found that some male diseases and female hemorrhagic amenorrhea have very similar pathogenesis, so Wuzei pills are boldly used in the treatment of male diseases, and has achieved unexpected clinical results. Following is the analysis of several medical cases of male impotence, premature ejaculation and spermatorrhea. This paper introduces the application experience of Wuzei pills in male diseases.

Key words Wuzei Pills, andrology; application experience

四乌贼骨一蘼茹丸为《黄帝内经》十三方之一,出自《素问·腹中论》,本治妇女血枯经闭,经水不利^[1]。乌贼骨又名海螵蛸,芦茹即今之茜草^[2]。组成:乌贼骨4份,茜草1份,上研末,水泛为丸,每次6g,一天三次,功用:益精补血,止血化瘀。然笔者在临床上发现男性有些疾病于此方亦有不谋而合之处,临床用于治疗男性疾病亦有良

效,故赘述几则医案,以资同道。

1 病案举例

1.1 阳痿 李某,男,30岁,阴茎不能勃起3年余。患者诉阴茎不能勃起已有3年,自述手淫史10余年,在外院医生怀疑前列腺炎,查泌尿系B超示:泌尿系未见明显异常,前列腺液常规示:卵磷脂小体2+,白细胞无异常。患者诉服用龟龄膏、

* 基金项目:陕西中医药大学科研项目(2016QN17)

** 通讯作者:武昌学,主任医师。E-mail:3268146922@qq.com