

## 医家精萃

中医药辨治肯尼迪病 2 例<sup>\*</sup>晏显妮<sup>1\*\*</sup> 刘小斌<sup>2\*\*\*</sup> 陈瑞芳<sup>2</sup> 张高<sup>2</sup>

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**摘要:**肯尼迪病是一种 X 连锁隐性遗传性疾病,属于临床罕见的疑难病症。刘小斌教授为国医大师邓铁涛教授学术继承人,认为本病多因先天禀赋不足,脏腑虚损所致,并传承邓铁涛教授“强肌健力,益气健脾,培补肝肾”法治疗本病,所用方药对于延缓肯尼迪病患者症状进展,提高生活质量取得不错的疗效。2 例基因确诊的患者,病程较长,长期规律服用中药调理,随访数年,现可正常进行日常活动,故以分享,以飨同道。

**关键词:**中医药;肯尼迪病;临床辨治;病案报导

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## Two Cases of Differentiation and Treatment of Kennedy's Disease with Traditional Chinese Medicine

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**Abstract** Kennedy's disease is an X-linked recessive hereditary disease that is a rare clinically difficult condition. Professor Liu Xiaobin is the academic heir of Professor Deng Tietao, a master of Chinese medicine. He believes that the cause of this disease is due to the deficiency of innate endowment and the deficiency of viscera and organs, and inherits Professor Deng Tietao's method of "strengthening muscle, boosting qi and fortifying the spleen, supplementing liver and kidney" to treat this disease. It has a good effect in delaying the progression of symptoms in patients with Kennedy disease and improving the quality of life. In this paper, 2 patients with confirmed genetic disease have a long course of disease, and take long-term regular Chinese medicine conditioning. After several years of follow-up, they can now carry out daily activities normally. So the paper can also serve as some reference for colleagues.

**Key words** Chinese medicine; Kennedy's disease; clinical differentiation and treatment; medical record report

肯尼迪病(Kennedy Disease, KD)又称脊髓延髓肌萎缩症,是一种罕见的 X 连锁隐性遗传的下

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