

从疫毒理论治疗咸阳地区 新型冠状病毒肺炎经验探析^{*}

庞乐¹ 赵欢^{2**} 袁有才² 杜翔¹ 袁军民¹ 陈宁君¹ 赵文轩¹
刘小莹¹ 苏海生¹ 蒲秀玲¹ 曹雪¹ 马文娟¹ 张晓妮¹ 郭团茂¹

(1. 咸阳市中心医院,陕西 咸阳 712000;2. 陕西中医药大学附属医院,陕西 咸阳 712000)

摘要:目的 总结咸阳地区新冠肺炎中医诊疗经验。方法 通过对咸阳市中心医院东郊分院收治确诊新冠肺炎中医病名、病因、病机、常见证型特点、典型病例分享等内容,全面总结我院新冠肺炎中医诊疗经验。结果 中西医结合诊治新冠肺炎有良好的临床疗效。结论 从疫毒理论治疗新冠肺炎值得总结、加以推广。

关键词:新冠肺炎;疫毒理论;理论探析;经验总结

中图分类号:R511 **文献标识码:**A **文章编号:**1672-0571(2020)02-0005-04

DOI:10.13424/j.cnki.mtem.2020.02.002

Experience in Treating COVID – 19 in Xianyang Area from Epidemic Theory

Pang le¹, Zhao Huan², Yuan Youcui², Du Xiang¹, Yuan Junmin¹, Chen Ningjun¹,
Zhao Wenxuan¹, Liu Xiaoying¹, Su Haisheng¹, Pu Xiuling¹, Cao Xue¹, Ma Wenjuan¹,
Zhang Xiaoni¹, Guo Tuanmao¹

(1. Xianyang Central Hospital, Xianyang China, 712000;

2. Affiliated Hospital of Shaanxi University of Chinese Medicine, Xianyang China, 712000)

Abstract: Objective To summarize the experience of traditional Chinese medicine diagnosis and treatment of COVID – 19 in Xianyang area. **Methods** The TCM disease name, etiology, pathogenesis, common syndrome features, and typical case sharing of TCM diagnosis and treatment of COVID – 19 in the Eastern Suburban Branch of Xianyang Central Hospital were used to summarize the TCM diagnosis and treatment experience in treating COVID – 19 in Xianyang Central Hospital. **Results** The clinical effect of the diagnosis and treatment of COVID – 19 was good. **Conclusion** It is worth summarizing and promoting the treatment of COVID – 19 from epidemic theory.

Keywords:COVID – 19; Epidemic theory; Theory investigation; Summary of experience

2020年1月20日以来,咸阳市中心医院东郊分院作为咸阳市及西咸新区新型冠状病毒肺炎(以下简称新冠肺炎)定点诊治的医疗机构,所有

确诊患者均给予中西医结合治疗,取得较好的临床疗效,我们将中医疫毒理论应用于临床,治疗咸阳地区新型冠状病毒肺炎,现将治疗经验总结如

* 基金项目:陕西省中医药管理局资助项目(2020-YJ004)

** 通讯作者:赵欢,主治医师。E-mail:775032860@qq.com