

针炙推拿

贾成文教授治疗原发性偏头痛临床经验总结

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摘要:目的 总结贾成文教授治疗原发性偏头痛的临床经验,为临床临床诊疗提供帮助。方法 通过临床跟师、查阅资料、病例例举,进行总结贾成文教授治疗原发性偏头痛的经验。结果 贾成文教授临床治疗原发性偏头痛时多从风寒论治,取穴少而精,效如桴鼓。结论 针灸对原发性偏头痛有良好的疗效,值得广大临床同仁推广应用。

关键词:偏头痛;贾成文;针灸

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Professor Jia Chengcheng's Clinical Experience in the Treatment of Primary Migraine

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Abstract: Objective to summarize Professor Jia Chengwen's clinical experience in the treatment of primary migraine and to provide help for clinical diagnosis and treatment. Methods the experience of Professor Jia Chengwen in the treatment of primary migraine was summarized through clinical follow-up, materials consultant and case examples. Results Professor Jia Chengwen treated primary migraine mainly from wind and cold, the points selected are not much but essential and gets the effect instantly. Conclusion Acupuncture has good curative effect on primary migraine, which is worthy of popularization and application by clinical colleagues.

Keywords: Migraine; Jia Chengwen; Acupuncture

贾成文,男,教授,陕西省名中医,硕士研究生导师,在临床、教学工作40余年,博学中西,贯通古今,对中医经典熟记于心,临床运用张机、李杲等学术思想信手拈来;治学严谨,忠于学术,言传身教,诊疗思路清晰,治疗手段精而能化,疗效显著,屡起沉痾。贾教授术精德高,临床对古典针法及古典补泻手法颇有建树,擅长运用腕踝针、头针、火针等针刺疗法,在脑血管病、神经精神系统疾病等常见病、疑难病有独到见解。笔者万幸临床跟师于贾教授,获益万千。现仅对贾成文教授治疗原发性偏头痛的临床诊疗浅述于下,供同道交流、

探讨。

偏头痛是一种发作性的血管神经性头痛,是头痛中最常见的一种,其主要特点是多局限于单侧或两侧交替痛^[1]。传统医学称为“头角痛”,常呈间断性、反复性发作,轻者仅以疼痛为主要表现,重者可出现其他症状,如视觉、情绪紊乱及胃肠道等自主神经症状。每次发作持续时间不定,呈周期性发作,可自行缓解,部分患者有家族史。任何年龄均可见到偏头痛,青春期女性患偏头痛的机率最高。在过度疲劳、精神压力过大、天气变化、经期等情况下症状加重。凡是发生于一侧,以