

针 灸 推 拿

贾成文教授治疗原发性偏头痛临床经验总结

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摘 要:目的 总结贾成文教授治疗原发性偏头痛的临床经验,为临床临床诊疗提供帮助。方法 通过临床跟师、查阅资料、病例例举,进行总结贾成文教授治疗原发性偏头痛的经验。结果 贾成文教授临床治疗原发性偏头痛时多从风寒论治,取穴少而精,效如桴鼓。结论 针灸对原发性偏头痛有良好的疗效,值得广大临床同仁推广应用。

关键词:偏头痛;贾成文;针灸

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Professor Jia Chengcheng's Clinical Experience
in the Treatment of Primary Migraine

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Abstract:Objective to summarize Professor Jia Chengwen's clinical experience in the treatment of primary migraine and to provide help for clinical diagnosis and treatment. **Methods** the experience of Professor Jia Chengwen in the treatment of primary migraine was summarized through clinical follow-up, materials consultant and case examples. **Results** Professor Jia Chengwen treated primary migraine mainly from wind and cold, the points selected are not much but essential and gets the effect instantly. **Conclusion** Acupuncture has good curative effect on primary migraine, which is worthy of popularization and application by clinical colleagues.

Keywords: Migraine; Jia Chengwen; Acupuncture

贾成文,男,教授,陕西省名中医,硕士研究生导师,在临床、教学工作40余年,博学中西,贯通古今,对中医经典熟记于心,临床运用张机、李杲等学术思想信手拈来;治学严谨,忠于学术,言传身教,诊疗思路清晰,治疗手段精而能化,疗效显著,屡起沉疴。贾教授术精德高,临床对古典针法及古典补泻手法颇有建树,擅长运用腕踝针、头针、火针等针刺疗法,在脑血管病、神经精神系统疾病等常见病、疑难病有独到见解。笔者万幸临床跟师于贾教授,获益万千。现仅对贾成文教授治疗原发性偏头痛的临床诊疗浅述于下,供同道交流、

探讨。

偏头痛是一种发作性的血管神经性头痛,是头痛中最常见的一种,其主要特点是多局限于单侧或两侧交替痛^[1]。传统医学称为“头角痛”,常呈间断性、反复性发作,轻者仅以疼痛为主要表现,重者可出现其他症状,如视觉、情绪紊乱及胃肠道等自主神经症状。每次发作持续时间不定,呈周期性发作,可自行缓解,部分患者有家族史。任何年龄均可见到偏头痛,青春期女性患偏头痛的机率最高。在过度疲劳、精神压力过大、天气变化、经期等情况下症状加重。凡是发生于一侧,以