

中医综合治疗溃疡性结肠炎 老年患者的临床疗效分析^{*}

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摘要:**目的** 探讨采用中医综合治疗对溃疡性结肠炎老年患者的临床效果。**方法** 选取了陕西中医药大学第二附属医院住院的 80 例溃疡性结肠炎老年患者,平均分为治疗组和对照组。治疗组给予常规治疗,对照组采用常规治疗联合中医综合治疗,最后对两组治疗效果及患者满意度进行评价。**结果** 治疗 4 周后,对照组的总有效率为 82.5%,治疗组的总有效率 95.0%,两组比较差异有统计学意义($P<0.05$);治疗半年后对照组的总有效率为 72.5%,治疗组的总有效率 90.0%,两组比较差异有统计学意义($P<0.05$);治疗 4 周后对照组的患者满意度为 85.0%,治疗组的患者满意度 97.5%,两组比较差异有统计学意义($P<0.05$)。**结论** 采用中综合治疗可提高老年溃疡性结肠炎患者疗效,提高患者满意度。

关键词: 溃疡性结肠炎;中医综合治疗;疗效分析;老年患者;湿热蕴肠
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An Analysis of the Clinical Effect of Treating the UC Inflicted on the Older Patients by Comprehensive Therapy of TCM

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Abstract:**Objective** To explore the clinical effect of treating the UC(Ulcerative Colitis) inflicted on the older patients by comprehensive therapy of TCM. **Method** 80 cases of older patients with UC are selected from The Second Hospital Affiliated to Shaanxi University of Chinese Medicine and equally divided into treatment and control groups among which the former are given the conventional treatment and the latter are treated by combining the conventional and comprehensive therapies of TCM. The curative effect and patients' satisfaction will be evaluated finally. **Result** The overall effective ate of the control group is 82.5%, the treatment group 95.0% with a duration of 4 weeks, thus the difference is of statistical significance between two groups($P<0.05$). After a treatment of half a year, the overall effective ate of the control group is 72.5%, while the treatment group 90.0%, so the difference is of statistical significance between two groups. After a treatment of 4 weeks, the degree of patients' satisfaction is 85.0%, the treatment group 97.55%, thus the difference is of statistical significance($P<0.05$). **Conclusion** The treatment of the UC inflicted on the older patients by comprehensive therapy of TCM can improve the curative effect and the degree of their satisfaction.

Keywords: the UC; the comprehensive therapy of TCM;an analysis of the clinical effect;Senile patient; dampness-heat obstructed in intestine

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