

## 综述与其他

中医药防治肝衰竭研究进展<sup>\*</sup>龙富立<sup>1\*\*</sup> 王明刚<sup>1</sup> 裴燕燕<sup>2</sup>

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**摘要:**肝衰竭是严重肝损伤和肝功能失常的表现, 因其发展快、病死率高, 治疗困难, 为临床急危重症, 临床表现以腹水、凝血障碍、黄疸、肝性脑病等为主。近年来, 研究发现合理运用中医药可促进肝功能恢复, 减少并发症发生, 对本病的治疗愈显优势。本文从肝衰竭的病因病机、常见病理因素及治疗等方面阐述了近现代中医学者对肝衰竭的认识, 以便更好地运用中医药对其进行防治。

**关键词:**肝衰竭; 中医药; 预防与治疗; 研究进展; 综述

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A Research Progress on the Treatment of  
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**Abstract:** Hepatic failure is a manifestation of severe liver damage and liver dysfunction. It is an emergent and severe syndrome due to the fast progress, high fatality and difficult treatment. The main clinical symptoms are abdominal dropsy, disturbance of blood coagulation, jaundice and hepatic encephalopathy. In Recent years, the findings that the proper use of Chinese medicine can promote the hepatic function recovery and reduce the complication increasingly indicate the superiority in terms of curing this disease. This paper illustrates the recognition of hepatic failure in terms of its etiology, pathogenesis and treatment from the perspective of TCM practitioner of modern Chinese Medicine so as to prevent and treat it with Chinese medicine.

**Keywords:** hepatic failure; Chinese medicine; prevent and treat; research progress; review

肝衰竭是各类肝脏疾病持续进展或突发恶化的终末结局, 其病理实质为肝细胞大面积死亡导致的肝脏合成、代谢及解毒功能全面丢失<sup>[1]</sup>。在

我国乙型肝炎病毒(hepatitis B virus, HBV)感染相关的肝衰竭占发病率的 80% 以上<sup>[2]</sup>, 广西地域 HBV 感染者众多<sup>[3]</sup>, 其发病率一直呈居高不下之

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