

小儿过敏性咳嗽用药规律探究

耿晓¹ 阎兆君²

(1. 山东中医药大学, 山东 济南 250300; 2. 山东中医药大学附属医院, 山东 济南 250300)

摘要:目的 探究中医治疗小儿过敏性咳嗽的用药规律,以更好地指导临床用药。**方法** 以 CNKI 数据库、万方、维普为检索库,检索 2000 年~2018 年中医方药治疗小儿过敏性咳嗽的文献,采用 Microsoft Excel 2007 建立中药处方信息表,利用 SPSS 22.0 软件,分别采取频次分析、聚类分析、因子分析进行数据分析。**结果** 临床治疗小儿过敏性咳嗽常从“肺”“脾”“肝”“肾”“风”“痰”“瘀”论治,治疗以宣肺止咳为主,佐以健脾化痰、活血化瘀、佐金抑木。**结论** 应用数据分析方法探索小儿过敏性咳嗽中医方药的用药规律研究,可以更加直观和明确地为临床用药提供参考依据。

关键词:过敏性咳嗽; 中药治疗; 用药规律; 小儿; 数据分析

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A Research on the Medication Rule in Treating
the Infantile Anaphylactic Cough

Geng Xiao¹, Yan Zhaojun²

(1. Shandong University of Chinese Medicine, Jinan, Shandong 250300;

2. The Affiliated Hospital of Shandong University of Chinese Medicine, Jinan, Shandong 250300)

Abstract: **Objective** To explore the medication rule in treating the infantile anaphylactic cough to guide the clinical medication . **Method** To retrieve the literature ranging from 2000 to 2018 on the infantile anaphylactic cough in the search libraries like CNKI, Wanfang and VIP to set up the prescription information form by Microsoft Excel 2007 , and then to analyze the data by frequency analysis, clustering analysis and factor analysis by means of Spss22.0. **Result** The treatment of the infantile anaphylactic cough should start from the lung, spleen, liver, kidney, wind, phlegm, and stasis, and ventilating the lung and relieving the cough is the primary purpose while medicines of tonifying spleen and removing phlegm, promoting blood circulation to remove stasis should serve as adjuvant. **Conclusion** The statistical analysis of the medication rule in treating the infantile anaphylactic cough can directly and definitely provide the reference for the clinical practice.

Keywords: the Infantile Anaphylactic Cough; TCM treatment; medication rule; children; the statistical analysis

1 研究方法

1.1 资料来源 通过检索 CNKI 数据库、万方、维普,以“中医”“治疗”“过敏性咳嗽”为关键词,

选择 2000 年~2018 年 12 月之间发表的关于运用中药口服治疗儿童过敏性咳嗽的文献,按照文献的纳入标准筛选文献,最终纳入相关文献 67 篇。