

学术探讨

郭淑云教授治疗脾胃病经验^{*}

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摘要:目的 总结郭淑云教授治疗脾胃病的经验。方法 依据中医理论, 结合典型医案, 分析总结其对脾胃病认识及治疗用药的经验。**结论** 郭淑云教授认为中焦气机升降有序、肝气疏泄条达, 脾胃纳运方得正常。治疗慢性脾胃病应健运脾胃、调理气机、疏肝、活血为则, 配伍应用经验性专药, 形成正确的养胃观, 才能取得较好的治疗效果。

关键词:脾胃病; 郭淑云; 经验总结; 健运脾胃; 疏肝理气; 活血
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A Discussion of Guo Shuyun's Experience in Treating Spleen and Stomach Diseases

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Abstract: **Objective** To make a summary of Guo's experience in treating spleen and stomach diseases. **Methods** to analyze Guo's experience in recognizing and treating spleen and stomach diseases based on TCM theories and typical cases. **Conclusion** Professor Guo holds that the regular ascending and descending of qi activity in the middle jiao, the smooth dispelling and purging of liver qi guarantee the movement of spleen and stomach. The treatment of chronic spleen and stomach diseases should conform to the principles of invigorating spleen and stomach, regulating qi activity, soothing liver and activating blood. In addition, the formula should accord with the specific exclusive medicine. The correct concept of stomach maintenance will ensure a better treatment effect.
Keywords: spleen and stomach diseases; Guo Shuyun; a summary of experience; invigorate spleen and stomach; soothing soothe liver and regulate qi; activate blood

郭淑云教授是全国第五批名老中医学术继承工作指导老师, 河南省首批名中医, 河南省首批中医青苗人才培养指导老师。郭教授从医 40 余年, 博采众长, 临床治疗经验丰富, 在脾胃、肝胆、胰腺、肠道等消化系统疑难疾病方面中形成了自己独特的诊疗特色和学术观点, 尤其对脾胃病的治疗更具特色。笔者有幸跟师学习, 现结合自己的跟师体会, 将郭老师治脾胃病的经验浅述如下。

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