

方药纵横

# 桃红四物汤的药理作用研究进展<sup>\*</sup>

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**摘要:**桃红四物汤又称“加味四物汤”,其配方是在熟地黄、白芍、当归、川芎配伍成四物汤的基础上,加入桃仁、红花两味药而成。从功效主治和药理作用方面来看,四物汤和桃红四物汤的临床应用存在着一定的差异性,但随着研究的进步,桃红四物汤的实验研究和临床应用都有了新的跨越。因此本文在总结桃红四物汤已经证实的药理作用的基础上,运用拆方分析法从加减的单味药桃仁、红花入手,多角度对比分析四物汤加味桃仁、红花后的药理作用,从而进一步探求该复方的潜在疗效,最终为桃红四物汤的临床应用提供借鉴。

**关键词:**桃红四物汤;四物汤;桃仁;红花;药理作用

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## Research Progress on Pharmacological Action of Taohong Siwu Decoction

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**Abstract:** Taohong Siwu Decoction is also called ‘Jiawei Siwu Decoction’. Its formula is based on the combination of prepared Rehmannia glutinosa, Radix Paeoniae Alba, Angelica sinensis and Ligusticum chuanxiong. It is made of peach kernel and safflower. There are some differences in clinical application between Siwu Decoction and Taohong Siwu Decoction in terms of efficacy indications and pharmacological effects. However, with the progress of research, the experimental research and clinical application of Taohong Siwu Decoction have a new leap forward. Therefore, on the basis of the confirmed pharmacological effects, this article summarized the modified Taoren and Honghua of Siwu Decoction were compared and analyzed from different angles by using the method of split prescription analysis in order to further explore the potential efficacy of the compound, and finally provide reference for the clinical application of Taohong Siwu Decoction.

**Key words:** Taohong Siwu Decoction; Siwu Decoction; Peach kernel; Safflower; Pharmacological action

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