

从心脾论治小儿对称性进行性红斑角化症 10 例

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摘要:目的 观察清热泻脾散合导赤散加减治疗小儿对称性进行性红斑角化症的临床疗效。方法 20 例对称性进行性红斑角化症患者随机分为治疗组和对照组各 10 例,治疗组采用清热泻脾散合导赤散加减中药汤剂治疗,每日 1 剂,并配合外用雅漾三重修护滋润霜治疗;对照组采用外用复方乳酸乳膏和雅漾三重修护滋润霜治疗。两组均治疗 7 天为一个疗程,共治疗 3 个疗程。结果 治疗 7 天、14 天、21 天后治疗组临床疗效总有效率均为 100%,而对照组临床总有效率分别为 80%、90%、90%。结论 从心脾论治对小儿对称性进行性红斑角化症,中药有独特的临床疗效,值得推广。

关键词:对称性进行性红斑角化症;心脾;清热泻脾散;导赤散
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Clinical Observation on 10 Cases of PESK Children by Syndrome Differentiation and Treatment of Spleen and Heart

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Abstract Objective: To observe the curative effect of modified Heat-removing and Spleen-purging Powder and Daochi Powder on PSEK (progressive symmetric erythrokeratoderma) children. **Method:** The 20 cases of PSEK children were randomly and evenly divided into observation and control groups. The observation group was treated with Heat-removing and Spleen-purging Powder combined with Daochi Powder, 1 dose a day, coordinating external application of Trixéra+ Selectiose Emollient Cream; the control group was cured by external applicatin of Compound Lactic Acid Ointment and Trixéra+ Selectiose Emollient Cream. Both group accepted 3 courses and 7 days a course. **Results:** After 7-day, 14-day and 21-day treatment, the total effective rates of observation group were 100% and those rates of control group were 80%, 90% and 90% respectively. **Conclusion:** Chinese Medicine is effectively unique in PSEK children and worth popularizing.

Keywords PSEK, syndrome differentiation and treatment of spleen and heart, Heat-removing and Spleen-purging Powder, Daochi Powder

对称性进行性红斑角化症是常染色体显性遗传的角化异常性疾病,主要表现为双侧掌跖的进行性红斑角化^[1]。婴幼儿期即可发病,开始手足多汗。皮损对称发生于掌跖,局部角质增厚,颜色

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