

缩宫逐瘀免煎颗粒与汤剂治疗人流术后子宫复旧对比研究^{*}

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摘 要:目的 比较缩宫逐瘀中药免煎颗粒制剂与传统汤药制剂治疗人流术后子宫复旧临床疗效。方法 将 100 例患者随机分成颗粒组(50 例)和汤剂组(50 例), 比较两组患者子宫复旧状况。结果 两组在子宫出血量、子宫出血时间、术后第 14 天子宫内膜厚度、第 14 天宫腔残留物、第 14 天尿妊娠试验、术后首次月经来潮时间方面没有差异($P>0.05$), 在术后腹痛持续时间和月经复潮时间方面颗粒组优于汤剂组, 差异具有统计学意义($P<0.05$)。结论 缩宫逐瘀免煎颗粒在人流术后促进子宫复旧疗效显著, 且携带方便, 服用简单, 值得临床推广应用。

关键词:缩宫逐瘀汤; 免煎颗粒; 临床疗效

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Contrasting Efficacy Study Between Concentrated Granules and Decoction of Oxytocin and Blood Stasis-Removing Herbs on Uterus Involution after Induced Abortion

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Abstract Objective: To compare the clinical efficacy of Oxytocin and Blood Stasis-Removing Herb between its concentrated granules and traditional decoction on patients' uterus involution after induced abortion. **Method:** Totally 100 patients were evenly divided into granules and decoction groups. The recovery conditions of uterus in both groups were compared. **Results:** There is no difference in the bleeding volume and time, endometrial thickness, intrauterine residue and urine pregnancy test after incision on the 14th day as well as in the conditions of the first menstrual period after incision ($P>0.05$). However, the duration of postoperative abdominal pain and menstrual recurrent time in the granules

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