

临床研究

# 中药穴位贴药治疗慢性支气管炎 40 例

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**摘要:** **目的** 观察中药穴位贴药治疗慢性支气管炎的临床疗效。 **方法** 选择我院呼吸科住院病人 80 人, 按来院诊治顺序随机分成治疗组 40 人和对照组 40 人, 两组病人均给予常规抗生素及止咳化痰西药治疗。治疗组同时采用中药穴位贴药治疗, 治疗 7 天后, 根据患者病情及发病情况, 观察中药穴位贴药治疗慢性支气管炎的临床疗效。 **结果** 治疗组 40 例, 有效 20 例, 显效 15 例, 无效 5 例, 总有效率 87.50%; 对照组 40 例, 有效 16 例, 显效 10 例, 无效 14 例, 总有效率 65.00%, 两组疗效相比较有显著统计学意义( $P<0.05$ )。 **结论** 应用中药穴位贴药治疗慢性支气管炎, 能使慢性支气管炎发作症状减轻, 效果明显, 减少患者的痛苦, 降低患者的治疗费用, 值得在临床推广。

**关键词:** 中药穴位贴药; 慢性支气管炎; 疗效观察

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## Clinical Observation on Treatment of 40 Chronic Bronchitis Patients by Point Application with Chinese Medicine

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**Abstract:** **Objective:** To observe clinical effect of point application of Chinese medicine in treating chronic bronchitis. **Methods:** 80 inpatients in respiratory department of Xiping Hospital of Chinese Medicine were selected and randomized into treatment group and control group with 40 in each according to the sequence of their diagnosis and treatment. Both of the two groups were given conventional antibiotics and western medicine with cough-suppressing and phlegm-resolving effect, while the cases in the treatment group were additionally given point application with Chinese medicine. After 7 days of treatment, clinical effect of point application of Chinese medicine in treating chronic bronchitis was observed based on patients' condition and incidence. **Results:** Of the 40 cases of the treatment group, 15 were remarkably effective, 20 effective, 5 had no effect, the total effective rate was 87.50%. Of the 40 cases of the control group, 10 were remarkably effective, 16 effective, 14 had no effect, the total effective rate was 65.00%. The comparison of the curative effect between the two groups had obvious statistical significance( $P<0.05$ ). **Conclusion:** Treating chronic bronchitis by point application with Chinese medicine can relieve the attacking symptom with obvious effect and relieve patients' pain and reduce their treatment expenses. It is worth of clinical application.

**Keywords:** point application with Chinese medicine, chronic bronchitis, observation of curative effect