

莪黄灌肠液治疗直肠癌术后吻合口炎 67 例^{*}

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摘 要:目的 观察莪黄灌肠液(经直肠灌注)对直肠癌患者术后吻合口炎的疗效以及对吻合口处具核梭杆菌生存情况的影响。方法 根据标准选择我院肿瘤外科自 2015 年 10 月~2017 年 10 月行手术治疗的直肠癌患者共计 67 例,经乙状结肠镜检查,明确吻合口炎诊断的患者,予莪黄灌肠液直肠灌注,治疗 14d 后通过复查乙状结肠镜来观察吻合口炎变化情况及患者腹泻、便秘、肛门下坠、排便肛门疼痛感、大便隐血症状是否改善;治疗前后,经肛镜下取吻合部样本、培养,对比吻合口处具核梭杆菌感染情况。结果 莪黄灌肠液经直肠灌注 14d 后复查乙状结肠镜,临床痊愈 9 例(13.4%),疗效显著 16 例(23.9%),有效 36 例(53.7%),无效 6 例(8.9%),近期有效率高达 91.0%;治疗前具核梭杆菌(FN)感染率 67.16%(45/67),治疗 14d 后 FN 感染率 28.35%(19/67),治疗前后比较 $p < 0.01$ 。结论 莪黄灌肠液经直肠灌注治疗对直肠癌术后吻合口炎疗效满意,且能显著改善患者术后不适感并减轻局部具核梭杆菌感染率,值得在临床广泛应用。

关键词:莪黄灌肠液;直肠灌注;直肠癌;吻合口炎;具核梭杆菌

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Treatment of 67 Cases of Anastomotic Stomatitis
after Rectal Cancer Operation with Curcumol Enema

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Abstract Objective:To observe the effect of curcumol enema (transrectal perfusion) on postoperative anastomotic stomatitis in patients with rectal cancer and the effect on the survival of *Fusarium oxysporum* at the anastomosis. **Method:**67 patients with rectal cancer who underwent surgical treatment in the tumor surgery department from October 2015 to October 2017 were selected according to the standard. After sigmoidoscopy, the patients diagnosed as anastomotic stomatitis were given rectal perfusion of curcumol enema. After 14 days of treatment, the changes of anastomotic stomatitis, the improvement of diarrhea, constipation, anal fall, anal pain of bowel movement, and symptoms of fecal occult blood were

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