

刘文琼教授治疗围绝经期异常子宫出血经验

赵俊 刘文琼*

(山东中医药大学, 山东 济南 250014)

摘要:通过整理刘文琼教授临床诊疗围绝经期异常子宫出血疾病案例,从病因病机、治则治法、方药等方面系统总结刘教授诊治该病的经验及疗效。刘文琼教授认为围绝经期异常子宫出血主要涉及肝脾肾,辨证属气阴两虚证,治疗需以益气养阴为主,活血止血为辅,自拟功血1号方加减治疗,疗效满意。

关键词:围绝经期异常子宫出血;气阴两虚;功血1号方;医案;刘文琼

中图分类号:R271.12 **文献标识码:**A **文章编号:**1672-0571(2019)03-0004-03

DOI:10.13424/j.cnki.mtcm.2019.03.002

Professor Liu Wenqiong's Experience in Treating Perimenopausal Abnormal Uterine Bleeding

Zhao Jun Liu Wenqiong

(Shandong University of Chinese Medicine, Jinan China, 250014)

Abstract By sorting out Professor Liu Wenqiong's clinical diagnosis and treatment of perimenopausal abnormal uterine bleeding cases, this paper systematically summarizes Professor Liu's experience and efficacy in the diagnosis and treatment of the disease from the aspects of etiology and pathogenesis, treatment principles and methods, prescriptions and medicines. Professor Liu Wenqiong believes that abnormal uterine bleeding in perimenopausal period mainly involves liver, spleen and kidney. The syndrome differentiation shows deficiency of both Qi and Yin. The treatment should be based on tonifying Qi and nourishing Yin, supplemented by promoting blood circulation and stopping bleeding. The self-made modified Gongxue No. 1 prescription was used with satisfactory curative effect.

Key words perimenopausal abnormal uterine bleeding; deficiency of both Qi and Yin; Gongxue No. 1 prescription; medical case; experience

围绝经期异常子宫出血是妇科常见疾病之一,是指围绝经期女性出现经血非时而下,或阴道突然大量出血,或淋漓下血不断者,同时出现月经周期、经期、经量的不规律变化。刘文琼教授治疗围绝经期异常子宫出血效果满意,相较于西医单纯运用激素治疗有明显优势^[1],具有临床推广应用价值。古代中医文献中没有具体提出围绝经期子宫异常出血的病名,可参照“崩漏”“血症”等范畴^[2]。随着现代女性社会地位的提高,生活压力

的加大,围绝经期女性异常子宫出血的发病率也逐年增加,有研究表明,处于围绝经期的妇女异常子宫出血的发病率约为60%~70%^[3-4]。

1 病因病机

本病的发生与绝经前后的生理特点密切相关。刘文琼教授认为围绝经期女性肾气渐衰是其中一个重要方面,《素问·上古天真论》曰:“女子七岁,肾气盛,齿更发长……五七,阳明脉衰……六七,三阳脉衰于上……七七,任脉虚,太冲脉衰

* 通讯作者:刘文琼,副主任医师,副教授,E-mail:2621504134@qq.com