

徐氏妇科应用当归芍药散治疗妇科疾病经验

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摘要:当归芍药散首见于张仲景的《金匱要略》, 全方组方精简, 仅芍药、当归、川芎、茯苓、白术、泽泻六味药, 用于治疗肝脾不和的妊娠腹痛以及妇科诸痛, 具有调肝理脾、活血利湿之效。本方肝脾同治, 津血同调, 以补为主, 攻补兼施。适用于肝郁血滞、脾虚湿阻引起的妇科诸多疾病。徐氏妇科善用当归芍药散治疗妇科多种疾病。

关键词:当归芍药散; 徐氏妇科; 异病同治; 临床经验

中图分类号:R271 **文献标识码:**A **文章编号:**1672-0571(2019)03-0006-04

DOI:10.13424/j.cnki.mtcm.2019.03.003

Experience of Treating Gynecological Diseases with Dangui Shaoyao Powder in Xu's Gynecology Department

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Abstract Dangui (angelica sinensis) Shaoyao (Chinese herbaceous peony) Powder is first seen in Zhang Zhongjing's *Essentials from the Golden Cabinet*. The prescription is simplified with only six herbs: Chinese herbaceous peony, angelica sinensis, ligusticum wallichii, poria cocos, atractylodes macrocephala and rhizoma alismatis used to treat pregnancy abdominal pain and gynecological pain caused by liver-spleen discord. It has the effect of regulating liver and spleen, promoting blood circulation and promoting diuresis. This prescription treats both liver and spleen, regulates both fluid and blood, mainly supplement with reinforcement and elimination in combination. It is suitable for many gynecological diseases caused by stagnation of liver and blood and dampness of spleen deficiency. Xu's gynecology department is good at using Dangui Shaoyao Powder to treat gynecological diseases.

Key words Dangui Shaoyao Powder; Xu's gynecology department; treating different diseases with same method; clinical experience

当归芍药散(简称归芍散)源于东汉著名医家张仲景所著的《金匱要略》。原文“妇人怀妊, 腹中疝痛, 当归芍药散主之”, 又“妇人腹中诸疾病, 当归芍药散主之”分别见于《金匱要略·妇人妊娠病脉证并治》第二十及《金匱要略·妇人杂病脉证并治》第二十二。主要治疗肝郁脾虚所致的妊娠腹痛及妇人腹痛。妇人腹痛病因众多, 但临证以情

志郁闷不畅所致为多^[1], 如遇妊娠, 冲任气血下注以养胞胎, 母体气血虚弱, “女子以肝为先天”, 肝失血养, 则肝气滞而不疏, 横逆乘脾, 则脾湿郁而不化, 肝脾者, 藏血化精之脏, 肝脾不和, 气滞血瘀而致诸痛。可见仲景认为妇人诸痛, 属肝脾不和者, 皆可投以归芍散而异病同治也。

仲景当归芍药散组方可谓精简, 全方药不过