

# 国医大师郭诚杰学术思想之 “从肝论治乳腺病”<sup>\*</sup>

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**摘要:**目的 总结国医大师郭诚杰诊治乳腺病的学术思想,为临床实践提供有益指导。方法 通过习读郭大师发表之学术论文、出版著作,跟师临床、病例库等资料的整理、分析与总结。结果 郭大师通过临床诊疗实践,提出了“乳房疾病多肝郁”的学术思想,表现在乳腺病多因肝郁而生,其病成后肝更郁,肝郁是乳块形成之根源;乳腺病治疗上应以疏肝为主,兼顾证症,施针遣方用药,并配合心理疏导以舒畅肝气。结论 从肝论治乳腺病的学术思想具有较好的临床指导意义,可显著提高临床疗效。

**关键词:**国医大师;学术思想;乳腺病;从肝论治;郭诚杰

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## A Discussion on “the Treatment of Breasts Disease from the Liver” Proposed by TCM Master Guo Chengjie

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**Abstract:** **Objective** To provide beneficial guidance for the clinical practice by making a summary of Guo's academic thoughts in terms of treating breasts disease. **Method** To analyze and make a summary by sorting out Guo's published papers, masterpieces, clinical cases, and case data. **Result** Master Guo proposed that the breasts disease was usually caused by the liver stagnation since it was the source of the breasts lumps and conversely the disease could worsen the liver stagnation. ? Thus the treatment of breasts disease should give priority to soothing the liver while needles and prescription should be prepared according to the various syndromes. In addition, the psychological counselling was coordinated to regulate the liver qi. **Conclusion** The treatment of breasts disease from the liver is significance in guiding the clinical practice and can significantly improve the clinical curative effect.

**Keywords:** master of TCM; academic thoughts; breasts; the treatment of breasts disease from the liver; Guo Chengjie

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