

综述与其他

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中西医防治血液透析高血压的研究进展杨少宁¹ 曾晓荣² 于小勇^{2**}

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摘要:血液透析高血压是指部分血液透析患者,在血液透析前后的血压升高,通常不容易被控制,并伴有许多不良后果。这一现象多年来一直困扰着临床医生,因为它偏离了预期的透析结果,其血压并没有随着透析超滤的增加而得到明显改善。与其他血液透析患者相比,此类患者的年龄更大,合并症更多,并且具有显著的细胞外容量超负荷以及透析时间较短的特点。因此最近已经被确定为一个独立的死亡风险因素。结合文献,从血液透析高血压的定义、机制、中西医防治措施等方面,将近年来有关血液透析高血压的研究进行综述,以探讨其临床应用价值。

关键词:血液透析高血压;机制;中西医;防治措施;综述

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Research Progress on the Prevention and
Treatment of Hemodialysis Hypertension by the
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Abstract: Hemodialysis Hypertension refers to the elevation of blood pressure before and after the hemodialysis occurring to part of the patients. It is not easy to control this disease and many side effects are accompanying subsequently. The clinical physicians are obsessed with this phenomenon for a long time because it deviates from the expectant dialysis result and the blood pressure has not been apparently improved along with the increase of the dialysis ultrafiltration. In contrast with the other patients, these older ones have more complications and the characteristics of the significant extracellular volume overload and short-term dialysis. Thus this disease has been identified as a unique risk factor causing death. This paper makes a review of the recent literature on the Hemodialysis Hypertension in terms of its definition, mechanism, the prevention and treatment strategy from the Western and Chinese Medicine. to explore its value in clinical application.

Keywords: Hemodialysis Hypertension; mechanism; the Western and Chinese Medicine; the prevention and treatment strategy, a review

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