

经验传承

杨道文教授基于气机升降理论
治疗咽喉反流性疾病^{*}

吕天宜¹ 李得民² 程思益¹ 杨道文^{1,2**}

(1. 北京中医药大学, 北京 100029; 2. 中日友好医院, 北京 100029)

摘要:咽喉反流性疾病(LPRD)是临床常见疾病,以咽喉异物感、慢性咳嗽、声音嘶哑等为典型症状。杨道文教授从事肺系疾病治疗 20 余年,对于此疾病治疗有独到见解,认为气的升降运动是生命的根本,LPRD 病位在肝肺胃,气机失调、升降无序是其主要病机、并提出肝—肺—胃一体观,以调畅气机,升降相因法治疗此疾病。杨教授对于 LPRD 的病因病机认识及采取的治疗方法,体现在临床典型医案也,反映杨道文教授治疗咽喉反流性疾病的学术思想。

关键词:咽喉反流性疾病;气机升降;肝、肺、胃一体观;调畅气机,杨道文

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Professor YANG Dao - wen ' s Treatment of Laryngopharyngeal Reflux
Disease Based on The Theory of Qi Ascending and Descending

LV Tian - yi¹, LI De - min², CHENG Si - yi¹, YANG Dao - wen^{1,2}

(1. Beijing University of traditional Chinese medicine, Beijing 100029, China;

2. Department of traditional Chinese medicine lung disease, China Japan Friendship Hospital, Beijing 100029, China)

Abstract: Laryngopharyngeal reflux disease (LPRD) is a common clinical disease, with throat foreign body sensation, chronic cough, hoarseness and other typical symptoms. Professor YANG Dao - wen has been engaged in the treatment of lung diseases for more than 20 years. He has unique views on the treatment of this disease. He thinks that the ascending and descending movement of Qi is the root of life. LPRD disease location is in the liver, lung and stomach. The disorder of Qi activity and disorder of ascending and descending are the main pathogenesis of LPRD. Professor YANG ' s understanding of the etiology and pathogenesis of LPRD and the treatment methods adopted are reflected in the typical clinical medical records, reflecting Professor YANG Dao - wen ' s academic thought on the treatment of laryngopharyngeal reflux disease.

Key words: Laryngopharyngeal reflux disease; Ascending and descending of Qi; Integration of liver, lung and stomach; Regulating Qi, YANG Dao - wen

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** 通讯作者:杨道文,教授。E-mail: 13910331107@139.com